

scottishathletics



**NATIONAL ROAD RELAY
CHAMPIONSHIPS
MEN 6 STAGE WOMEN 4 STAGE**

SUNDAY 30th MARCH 2014

LIVINGSTON (Almondvale)

supported by



**West Lothian
Council**

TIMETABLE

DECLARATIONS CLOSE	11.30am
RACE STARTS	12.00 NOON

NUMBERS

SHORT LAP (3.15 miles)	RED NUMBERS
LONG LAP (5.8 miles)	YELLOW NUMBERS
LAST MEN'S LONG LEG (5.8 miles)	WHITE NUMBERS

M50 Men's Teams run 4 legs only and have an "X" next to their number
W50 Women's Teams run 3 legs only and have an "X" next to their number

**SCOTTISH ATHLETICS
ROAD RUNNING AND CROSS COUNTRY COMMISSION**

Convenor	Ron Morrison
Hon. Secretary	Alex Jackson
Assistant Secretary	Margaret Daly
Finance Officer	Graham Sword

OFFICIALS

Referee:	Ron Morrison
Clerk of Course	Alex McEwan
Course Consultant	Martin Hyman
Announcers	Alan Potts
Starter:	Barry Craighead
Judges/ Changes	Angus Cameron (Chief) Ian Clifton, Fred McCluskie
Funnel Control	Alastair Robertson
Timekeepers:	Joe Bruce (Chief), Graham Sword, Cyril McPherson
Recorders Times	Margaret Daly, Elsie Oberg
Recorders Places	Dave Cairns (Chief) Bill Grant, Sandy Cameron, Ian Hislop, Neil Donachie
Declarations:	Sandra Hardacre, Marjory Cook, Moira Donachie
Results:	Marjory Cook, Marion Donachie, Ron Morrison
Presentations	Sandra Hardacre, Alex Jackson
Officials Report	Barry Craighead
Event Manager	Stewart Caithness
Course Marshals	Edinburgh AC, Hunters Bog Trotters, Corstorphine AAC, Lothian RC, Garscube H, Motherwell AC
Convenor	Alex Jackson

MESSAGES

“Welcome to St Margaret’s Academy for this senior performance club athletics championship and in the year of Glasgow Commonwealth Games 2014. In the entry list there are some top quality performers from years gone by and from this year’s seniors and juniors’ endurance athletes. Looking at last year’s programme some talented international standard individuals have run this course: Mowbray, Callan, Stewart, Brindley, Palmer and Mudge to name but a few.

Athletics has a strong pathway in West Lothian bringing together several key partners including PE staff, Sports Development Officers, Active Schools, the three local clubs who are enjoying a surge in membership and West Lothian Leisure who manage our upgraded track and are attracting events as OGM.

The pathway goes from primary school through secondary, to local clubs and into high end performance events and coaching. All are supported by Scottish Athletics Professional Officers and well-trained volunteers.

I am sure your coaches and team managers have worked hard at getting you race fit for today and I hope you perform well on this traffic free and picturesque course particularly in places such as Livingston Village and Lockshot Burn.

Look out for Livingston’s open graded, Lothian Trail run and Linlithgow’s tough 10k.

Keir Stevenson

Sport and Outdoor Education Manager.

'The Relay Athletics Championships is one of many events being delivered throughout West Lothian contributing towards achieving a lasting legacy. Supplying community individuals with regular opportunities to showcase sporting talents furthermore supports club growth and future sustainability, increasing physical activity levels alongside gaining essential life skills. Athletics has a track record of success throughout a number of years and because of such this is represented throughout the four National Legacy themes highlighted as being Active, Flourishing, Connected and Sustainable. I would like to thank the volunteers and support staff of this event that which is helping to build strong sporting pathways in West Lothian now and for future generations.'

Dave King

Executive councillor for culture and leisure,

The first Scottish Women's Road Relay Championships was held at Scotstoun in Glasgow on the 29th January 1972 under the auspices of the Scottish Women's Cross Country Union.

The Scottish Men's 6 Stage Road Relay Championship did not appear until 31st March 1979 under the auspices of the Scottish Cross Country Union. It was devised as a contingency plan for the time that the Edinburgh to Glasgow Relay would be no longer viable due to traffic. This happened on 28/3/1998.

With the advent of the Scottish Athletics Federation there was a rationalisation of the Road Relay Championships. The Senior women's event continued but women's teams also started competing unofficially in the 6 stage relay in 1996. Since 28/3/1998 the women have run a 4 stage Championship in conjunction with the men's 6-stage relay with both races using the mixed long and short leg format.

A Master's Championship was incorporated in 2005 for men and adopted for the women in the new championship in 1998. In 2013 an over 50 event with 4 legs for men and 3 for women was added to the Championship diet.

All of this can be viewed at the Road Running & Cross Country Commission's results Archive which may be viewed at

<http://www.salroadrunningandcrosscountrymedalists.co.uk/index.html>

It contains details of teams, team members, venues, results, entry & finish statistics, programmes and a race analysis. If you have run in these championships you will find your name there.

This is now the 17th year that the Championships have been held in Almondvale, Livingston and once again we are grateful for the continued support given by West Lothian Council. The continuity and the stability of the venue gives an extra edge to the results in that athletes, teams and even statisticians can compare performances with previous results.

We are indebted once again to the convening committee of Alex McEwan, Ross Cunningham and Alex Jackson for organising the event along with the course marshals from Lothian RC, Edinburgh AC, Corstorphine AC Motherwell AC and Garscube H. We add to that the many Officials and helpers whose preparation and planning make this event such a success

Ron Morrison

Convener, Road Running and Cross Country Commission

I would like to welcome you to the scottishathletics 6/4 stage Road Relay Championships being held here at Almondvale in Livingston. This is the 17th year that this Championship has been held at Almondvale and once again there is a large entry as there has been throughout the season.

I would like to extend thanks to West Lothian Council, Lothian and Borders Police and West Lothian College for their continued support of this event. Thanks also to the many clubs who have supplied the marshals around the course today, officials and volunteers who give up so much of their time to help at these events.

Leslie Roy

President Scottish Athletics

Livingston North
Station

National Road Relay Championships

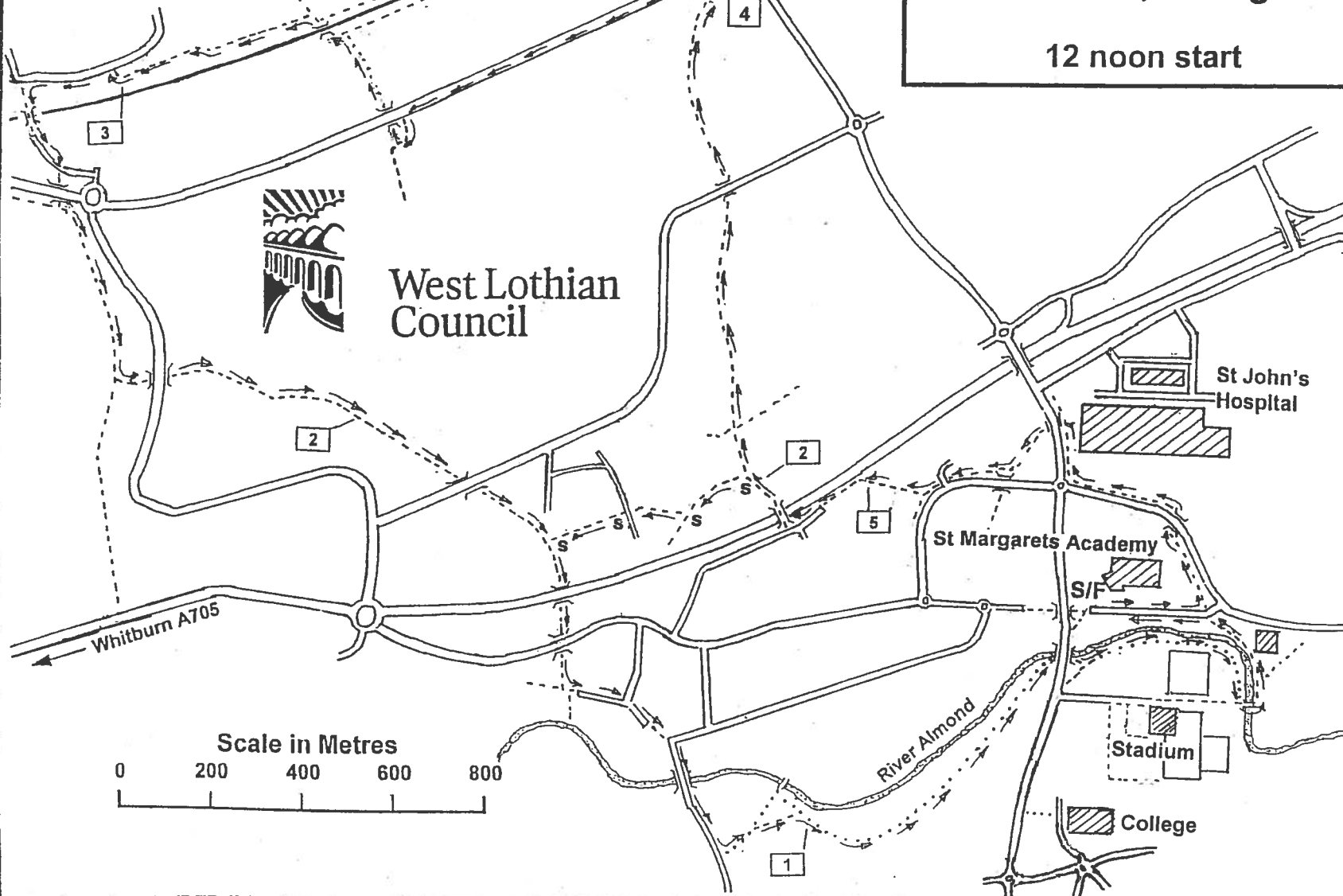
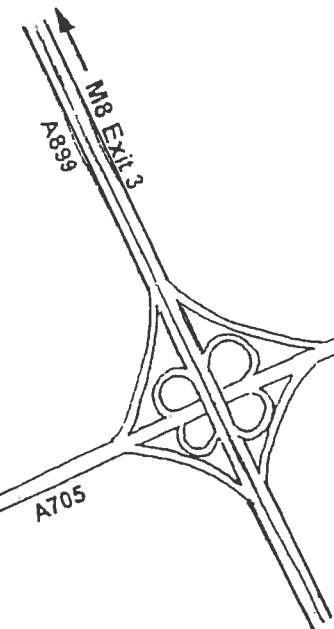
Men 6 stage. Women 4 stage.

Almondvale, Livingston

12 noon start



West Lothian
Council



Key

Road	
Asphalt Footpath	
Cinder Footpath	
Railway	
Long Lap	
Short Lap Cut Off	
Miles to go markers	

Women's Start Lists. Race Starts 12.00 noon
Holders Edinburgh AC.

83,84,85,86

Bellahouston H

Erica Christie (F55);
 Louise Mitchell (F Sen);
 Kristina Greig (F Sen);
 Katy Smith (F40);
 Jeni Queen (F Sen);

Angela Carson (F45);
 Jayne Macnamara (F40);
 Suzanne Boyle (F Sen);
 Lisa Gilmore (F Sen);
 Claire McCracken (F Sen);

Bernadette O'Neil (F45);
 Susan MacRitchie (F Sen);
 Vicki Hopewell (F Sen);
 Julia Harris (F45);
 Angela Campbell (F Sen);

Jennifer Clark (F40);
 Katherine Hylands (F Sen);
 Deirdre Hoyle (F60);
 Carol Keenan (F55);
 Emma Bryce (F Sen);

87,88

Bellahouston RR

Shona Donnelly (F45);
 Maree Shepherd (F Sen);
 Elsie Downham (F Sen);
 Chi My Ta (F Sen);

Jill Herbert (F Sen);
 Madeline Smillie (F40);
 Louise Ross (F Sen);
 Emma Jamieson (F Sen);

Rose McRobert (F Sen);
 Linda Kennedy (F40);
 Lucy Mackay (F45);

Mary Senior (F40);
 Judith Macgregor (F Sen);
 Matty Sutton (F Sen);

89,90

Calderglen H

Frances Maxwell (F45);
 Alison Lessells (F Sen);

Ruth Kelly (F45);
 Mary Goldsmith (F55);

Karen Allen (F Sen);
 Julie Beveridge (F Sen);

Joanne McEvoy (F Sen);

91,92,93,94

Central AC

Jennifer Emsley (F Sen);
 Hazel Dean (F50);
 Catriona Buchanan (F Sen);
 Kate Weldon (F40);

Morag MacLarty (F Sen);
 Chaire Houston (F Sen);
 Lyndsay Morrison (F Sen);
 Ainsley Normand (F40);

Emma Raven (F Sen);
 Fiona Thompson (F Sen);
 Shona Aiken (F40);
 Emily Greenan (FU20);

Fanni Gyurko (F Sen);
 Jane Waterhouse (F60);
 Patricia Milne (F50);
 Claire Brisbane (F Sen);

95

Corstorphine AAC

Kirstian MacRuary (F Sen);
 Janet Grigor (F45);

Megan Smith (F Sen);

Sarah Anderson (F Sen);

Fiona Drake (F Sen);

96,97,98

Edinburgh AC

Sharyn Ramage (F50);
 Karen Dobbie (F45);
 Karla Borland (F Sen);
 Nora Washbourne (F Sen);
 Fiona Hegarty (F Sen);

Catherine Ferry (F40);
 Marrietta Beal (F40);
 Emma Laverie (F Sen);
 Rachael Dunn (FU20);

Anne Peat (F45);
 Amanda Woodrow (F Sen);
 Sheenagh MacLulich (F Sen);
 Madeleine Murray (FU20);

Jennifer MacLean (F40);
 Lauren Stoddart (F Sen);
 Elaine Davies (F40);
 Laura Dunn (F Sen);

99,100,109,110

Edinburgh University H&H

Amy Bristow (FU20);
 Alexandra Morgan (FU20);
 Mook Attanath (FU20);
 Rebecca Croney (F Sen);
 Sarah Douglas (FU20);

Georgia Tindley (F Sen);
 Kathryn Firth (FU20);
 Fiona Henry (FU20);
 Amy Spencer (FU20);
 Christine Irvine (FU20);

Annie Carroll (FU20);
 Rachel Armitage (F Sen);
 Caroline Kimball-Katz (F Sen);
 Mhairi MacIennan (FU20);
 Anna Holzberger (FU20);

Bronagh Wishart (FU20);
 Jessica Husbands (FU20);
 Louise Mercer (FU20);
 Sarah Henderson (FU20);

111

Falkirk Victoria H

Megan Wright (F Sen);
 Louise Fields (F Sen);

Beryl Junnier (F50);
 Jan Stevenson (F60);

Alison Marven (F Sen);
 Claire Moffett (F Sen);

Robyn Maxtone (F Sen);

112

Ferranti AAC

Alison Arnold (F Sen);
 Elizabeth Gilchrist (F65);

Sheila Bauchop (F65);
 Siobhan Sellar (F45);

Julia Drewer (F Sen);
 Pascaline Ruck (F Sen);

Claire Gilchrist (F45);
 Elisabeth Mockli (F Sen);

113,114,115

Fife AC

Sandra Aitken (F50);
Hester Burt (F Sen);
Laura Gibson (FU20);
Jennifer Kibble (F Sen);
Margaret McLaren (F55);
Stephanie Pennycook (FU20);
Helen Sharpe (F Sen);

Abigail Bender (FU20);
Megan Crawford (F Sen);
Ailsa Hall (F50);
Keren Macpherson (F45);
Janet McWhinnie (F45);
Halina Rees (FU20);
Jenny Tan (F Sen);

Innes Bracegirdle (F55);
Kerith George-Briant (F Sen);
Susan Harley (F40);
Margaret Martin (F55);
Sophie Mullins (F Sen);
Miriam Rennet (F50);
Morgan Windram-Geddes (F Sen);

Lorraine Brown (F50);
Beverley Gibson (F40);
Angela Howe (F40);
Amie McKimmie (F Sen);
Irene Pennycook (F55);
Hilary Ritchie (F50);

116,117

Gala H

Gillian Duncan (F40);
Anya Campbell (F40);

Fiona Dalgleish (F40);
Fiona Shepherd (F45);

Jennifer Forbes (F40);
Arlene Botha (F Sen);

Rachel Fagan (F Sen);
Eileen Maxwell (F50);

118,119

Garscube H

Charlotte Wilson (F Sen);
Gail Beaton (F40);

Marian Kelly (F Sen);
Diane Clark (F Sen);

Jill O'Neil (F Sen);
Emma Blair (F Sen);

Lesley Chisholm (F Sen);
Julie Cope (F Sen);

120

Helensburgh AAC

Michelle Hetherington (F45);
Julia Henderson (F40);

Madeline Robinson (FU20);
Rebecca Parry (F Sen);

Rebecca Beale (F Sen);

Laura Johnstone (F Sen);

121,122,123

Hunters Bog T

Emma Baker (F40);
Young (F Sen);
Tessa Hill (F Sen);
Julia Lutte (F Sen);
Eilis McKechnie (F Sen);
Phyllis O'Brien (F50);
Sheila Strain (F65);
Claire Ward (F Sen);
Sarah O'Neil (F Sen);

Briony Curtis (F Sen);
Katherine Golding (F Sen);
Amy Jones (F Sen);
Deborah MacDonald (F50);
Alison McNeillage (F40);
Sandra Rathjen (F40);
Rosie Smith (F Sen);
Eilidh Wardlaw (F Sen);

Carrie Craig (F Sen);
Claire Gordon (F Sen);
Mairead Kelly (F Sen);
Sarah Louise MacIsaac (F Sen);
Megan Mowbray (F Sen);
Rachel Smirthwaite (F Sen);
Margaret Spalding (F Sen);
Megan Wright (F40);

Sula Gay;
Rachel Heathcote (F Sen);
Amelia Lloyd (F Sen);
Shona McIntosh (F Sen);
Sinead O' Malley (F Sen);
Janice Smith (F55);
Kata Tar (F Sen);
Morag McClelland (F Sen);

124,125

Kilbarchan AAC

Hayley Haining (F40);
Gemma Rankin (F Sen);
Natalie Sharp (F Sen);

Leanne Hamilton (F Sen);
Siobhan Inglis (F Sen);
Jennifer Rooney (F Sen);

Claire Gibson (F Sen);
Elspeth Curran (F Sen);
Rebeca Fortes-Martin (F Sen);

Catherine Stewart (F Sen);
Christina Rankin (F Sen);
Elaine Eadie (FU20);

126,127

Kilmarnock H&AC

Kara Tait (F Sen);
Elizabeth McDerment (F40);

Colleen Tait (F Sen);
Paula Wilson (F45);

Lindsay McMahon (F40);
Lorna Sloan (F45);

Rosemary McMillan (F50);
Kirstin Dale (F Sen);

128,129

Kirkintilloch O

Pamela Parker (F45);
Shirley MacNab (F45);
Claire Mitchell (F Sen);

Annmarie McCaffrey (F45);
Debs Lindsay (F50);
Vivien Fraser (F45);

Marie McChord (F50);
Heather Fraser (F Sen);

Susan Addison (F50);
Elaine Hogg (F40);

130

Lasswade AAC

Amy Frankland (FU20);
Amy Smith (FU20);
Kirsten Cameron (F Sen);

Linden Nicholson (F60);
Lorna Rice (F45);

Wilma Kerr (F50);
Karen McKinlay (F50);

Debra Murray (F Sen);
Sarah Gledhill (F50);

131

Livingston & District AAC

Yvonne Crilly (F50);
Amanda Campbell (F Sen);

Louise Crilly (F Sen);
Avril Pearson (F40);

Sue McDowall (F55);
Judith Hargreaves (F45);

Robyn McDowall (F Sen);

132,133,134

Lothian RC

Lana Turnbull (F Sen);
Christine MacVarish (F40);
Mhairi Inglis (F Sen);
Jo Williams (F Sen);

Edel Mooney (F Sen);
Lynne Murray (F50);
Leanne Webster (F Sen);
Shona Young (F45);

Suzie Hannah (F Sen);
Saran Jones (F50);
Chloe Cox (F Sen);
Margaret Turnbull (F55);

Jocelyn Moar (F Sen);
Jill Horsburgh (F50);
Elaine Mackie (F Sen);

135,136

Metro Aberdeen RC

Fiona Rudkin (F Sen);
Valerie Wilson (F45);

Claire Smith (F40);
Kirsty Robson (F40);

Ali Mathers (F40);
Kayleigh Jarrett (F Sen);

Alison Pirie (F Sen);
Claudia Scragg (F Sen);

137,138

Motherwell AC

Clare Hughes (F Sen);
Mae McIsaac (F55);

Jill E Logan (F Sen);
Phyllis Hands (F55);

Laura Mctavish (F Sen);
Angela Downie (F45);

Alison Gilchrist (F40);
Lesley Ross (F40);

139

Pitreavie AAC

Irene Miller (F50);
Rebecca Burns (F Sen);

Serena Jones (F45);

Margaret Blanski (F45);

Micaela Brown (FU20);

140

Ron Hill Cambuslang H

Arlene Bristow (F45);
Caitlin Hendry (F Sen);
Rebecca Bonomi (FU20);

Caitie Gorton-Phillips (F Sen);
Alexandra Lamond (F Sen);
Katie Bristow (FU20);

Sarah Benson (F Sen);
Mairi Brown (FU20);

Kirsty Anderson (F Sen);
Sarah Millar (FU20);

141

Shettleston H

Neah Evans (F Sen);
Shona Robertson (F40);
Jessica Oliver-Bell (F Sen);

Joanne Harkins (F Sen);
Carole Setchell (F Sen);
Alison Winship (F40);

Avril Mason (F Sen);
Clara Ursitti (F45);
Kathryn Pennel (FU20);

Shannon McLellan (FU20);
Stella Winters (FU20);
Katie Devenney (F Sen);

142

Springburn H

Barbara Knox (F50)

Lorraine Gray (F40);

Rachel Wilson (F40);

Caroline Brownlie (F40);

143

Strathearn H

Rowan Dillon (F45);

Fiona McDonald (F50);

Kerry Sweeney (F Sen);

Nicola Watson (F45);

Men's Start Lists. Race Starts 12.00 noon
Holders Central AC.

1,2

Ayr Seaforth AC

Craig Brown; Stephen McCrorie (M 40);
 Martin McCrorie; Kenneth Neill;
 Craig McPike; Iain Pettigrew (M 45);
 Stuart Brockie (M 40); Steven Reid;
 Neil Burnside; Barry Duddy (M 40);

Kevin Bloy (M 45);
 Neil Nisbet (M 50);
 Tom McCulloch (M 60);
 Stuart McLean (M 40);
 Allan Watt (M 45);

Stephen Kay;
 Laurence Baker (M 55);
 Chris Boyce;
 John Strachan;

3,4,5

Bellahouston H

Gordon Gallacher (M 40); Gordon Stevenson (M 45);
 Craig Lamont; Crispin Walsh (M 40);
 Alastair Sinclair (M 50); Allan Allison (M 50);
 Dougie MacGregor (M 55); John Robertson (M 55);

Paul Clawson;
 Stuart Miller;
 Iain Burke (M 65);
 Francis Gilroy (M 50);

David Reynolds;
 Darren Murray (M 40);
 Mike Freshmour (M 50);
 John Softley (M 60);

Bellahouston RR

Bruce Carse; Liam Conway (M 45);
 Peter Gallanagh (M 40); Keith Gibb (M 50);
 David Boag (M 45); Gerry Hanlon (M 50);
 Alastair MacLachlan (M 50); Henry Merriweather (M 40);
 John Sandbach (M 45); Gerard Scullion (M 45);
 Greig Glendinning (M 40); Ciaran Dougherty;
 Peter Goodwin (M 40); Thomas O'Connell;
 Craig Reid; Nick Reid;

Robert McEwan (M 55);
 John Gilhooly (M 50);
 Andrew Hardman (M 55);
 Brian O'Donnell;
 James Montgomery;
 Alastair Ewen (M 40);
 David Weatherhead;
 David Lockhart;

Graeme Paterson;
 Hamish Barbour (M 50);
 Kevin Queenan (M 40);
 Iain O'Donnell;
 Robbie Hayman (M 40);
 Bruce Carmichael;
 Russell Whittington (M 40);

10,11,12,13

Calderglen H

Alan Derrick (M 45); Russell Couper (M 45);
 Jim Mearns (M 45); Stuart Waugh (M 65);
 Andrew Henderson (M 60); Jim Holmes (M 45);
 George Stewart (M 50); Richard Lawton;
 William Buchanan (M 60); Martin Duthie (M 50);
 Graham Lindsay (M 50); Philip Marshall (M 50);
 Ian Rae (M 45); Graham Ramage (M 40);
 Hugh Simpson (M 50); Charles Steven (M 50);

Colin Banks;
 Edward Reid (M 50);
 John McGregor (M 40);
 Kenny Leinster (M 50);
 Colin Jarvie (M 50);
 John McBride (M 50);
 Mark Saez (M 40);
 David Wardrope (M 40);

Stephen Phimister (M 40);
 David Herbertson (M 40);
 David Watt (M 50);
 Andrew McCaffery (M 45);
 Ian Hughes (M 40);
 Gerard Mullen (M 50);
 David Searil (M 55);
 Ian McKenzie (M 40);

14,15

Carnegie H

David Armour (M 45); Scott Bradley (M 40);
 Jan Bernt-Cederstrom (M 45); Alan Cockburn (M 45);
 Kevin Davie; John Fulham (M 40);
 Mike Harvey (M 50); Dennis Howett (M 45);
 Mark Johnstone (M 40); Paul Kieran;
 David Millar; Jonathan Millar;
 Peter Simpson (M 55); Andrew Smith (M 50);
 Iain Taylor (M 45); Iain Thomson (M 60);

Allan Brannigan (M 50);
 John Crookston (M 55);
 Stephen Greer (M 55);
 Peter Humphreys (M 45);
 John O'Connor (M 55);
 Robert Milton (M 50);
 Malcolm Smith (M 50);
 Calum Vallance (M 45);

David Clark;
 Barry Davie;
 David Greig (M 45);
 John Hynd (M 50);
 Lewis Lawson (M 50);
 Kieran Morgan (M 50);
 Ian Stewart (M 55);
 Nicholas Weir (M 40);

16,17,18,19,20,21,22

Central AC

Gordon Adam (M 50); Colin Alexander (M 40);
 Hugh Buchanan (M 50); Andrew Butchart;
 Richard Coombs (M 45); Gordon Crawford (M 45);
 Allan Gall (M 55); Scott Green;
 Alexander Hendry; Philip Hendry (M 50);
 Robert Hutchison (M 50); Ewan Jack (M 40);
 David McNamee; Liam McCabe (M 50);
 Scott McDonald; Christopher Mchardy;
 Cameron Milne; Raymond J Milne (M 50);
 Robin Mussett (M 50); John Newsom;
 Colin Sinclair (M 45); Stuart Watson (M 50);
 Philip Wright (MU20);

Gordon Appelbe;
 Cameron Campbell (M 55);
 Jamie Crowe (MU20);
 Roger Greenaway (M 60);
 Will Hensman;
 Hugh Kerr (M 50);
 Conan McCaughey;
 John Millar (M 60);
 Ross Milne (MU20);
 Sean Reilly;
 Tom Watson (MU20);

Cameron Boyek (MU20);
 Dale Colley (MU20);
 David Eckersley (M 50);
 Alastair Hay;
 Ross Houston;
 David Lindsay;
 Jamie McDonald;
 Lewis Millar;
 Billy Mitchell (M 50);
 Robert Russell;
 Philip Williams (M 40);

23,24,25,26,27,28

Corstorphine AAC

Scott Pilkington;

Moray Anderson;

Andrew Christy;

Steven O'Brien;

Stuart Livingstone;

Ewan Hislop (M 40);

Gordon Clarke (M 40);

Bruce Malcolm (M 45);

Martin Caldwell (M 60);

Christopher Black;

Keith Hood (M 40);

Dermot Cummins;

Ryan Riddell;

Timothy Norwood;

Alastair Brockie;

Richard Lewis (M 40);

Ian McPherson (M 45);

David Henderson (M 50);

Jonathan Carpenter;

Christopher Galloway (MU20);

Donald Macaulay;

Kris Berry;

Tom Ferrington;

Christopher O'Brien;

Ewan Stark;

Greg Symons;

Stuart Campbell (M 45);

Jan-Bert Van Den Berg (M 50);

Mickey Breen;

Michael Anderson (M 45);

Calum McKenzie;

Bryan Clark;

Ross Milne;

Paddy Jumelle;

Steven Blair (M 45);

Keith Copland (M 45);

Alan Cameron (M 40);

Graham Mclean (M 55);

Dougie Selman;

29,30

Dundee Hawkhill H

Gordon Barrie (M 40);

Alistair McDonald (M 50);

Neil Gunstone;

Bruce Scott (M 40);

Craig Love (M 40);

Mark Lamb;

Paul Leonard (M 40);

Matthew Strachan (M 50);

Steve Borland (M 55);

Roger Van Gompel (M 40);

Gary Bruce;

Richard G. Davidson (M 55);

Graeme Oudney;

Charles Haskett (M 55);

Craig Ross (M 55);

Steve Matthews (M 40);

Howell Craske;

John Castle (M 45);

Colin McNally (M 40);

Alan Lawson (M 65);

Des Crowe (M 50);

Johnny McBain;

Craig Bertie (M 40);

David Hanlon (M 55);

David Adam (M 45);

31,32

East Kilbride AC

Grant Baillie;

David Gorman;

David Condra (M 50);

Jack Kirwan (MU20);

Alessandro Tronconi;

David Thomson;

Derek Leitch (M 60);

Vincent Hastings (MU20);

Niall Walker;

Jamie Clements;

William Taylor (M 45);

Graeme Haddow (M 50);

Gordon Colvin (M 55);

John Fergusson;

33,34,35,36

Edinburgh AC

Graham Beal (M 45);

Michael Cameron (MU20);

Jamie Doris;

Kevin Graham;

Stuart Johnston;

Ruaridh Miller (MU20);

Andrew McDonald;

Chris Ponton (MU20);

Garry Robertson (M 50);

Owain Williams;

John Blair (M 50);

Daniel Clarkson;

Edward Dudgeon;

Mark Horne;

Andrew Lawler (MU20);

Alex MacEwen (M 55);

Colin McGill;

Argy Rizos (M 40);

Graeme Taylor;

Jake Wightman (MU20);

Gab Bucciarello;

Chris Creegan (M 50);

Keith Dunlop;

Ross Irving;

Ken Mortimer (M 50);

James Mclay;

Matthew Newnham (M 55);

Dale Roy;

Neil Thin (M 50);

Neil Calder;

Richard Cockbain;

Martin Ferguson (M 45);

Adam Jack;

Jamie Crawford;

Mark MacDermot (MU20);

Kirk Ollason (M 40);

Neil Renault;

Robert Turner (M 40);

37

Edinburgh University H & H

Calum Murray (MU20);

Jack Luscombe (MU20);

Ben Stevenson (MU20);

Alex Luetchford (MU20);

Jasper Darrington (MU20);

James Bryson (MU20);

Scott Stirling (MU20);

Huw Vaughan-Jackson;

38,39

Falkirk Victoria H

David Bunyan (M 60);

Michael McQuaid (M 50);

Iain Wallace;

Gordon Dewar (M 45);

Alastair McCallum (M 50);

Brian Turner (M 40);

Ryan Beattie;

Colin D Thomson (M 45);

John Martin (M 55);

Anthony Devlin (M 40);

Euan Martin;

Michael Allison;

James McLaren (M 50);

Craig Johnston (M 45);

Alexander Davidson;

Alan Mackay (M 40);

Michael Ross;

Stuart Douglas;

40

Ferranti AAC

Ross Anderson (M 50);
Edward McDonald (M 65);
Malcolm Parry (M 40);
Keith Weston (M 65);

Alex Bell (M 55);
Robert Miller (M 50);
Stephen Reid (M 50);

Paul Caban (M 45);
Kenny Moore (M 50);
James Shaw (M 75);

John Gavin (M 60);
Keith Nicol (M 60);
Iain Shaw (M 45);

41,42

Fife AC

Bryce Aitken (M 50);
Graham Bennison (M 65);
Jacob Howe (M 40);
Tony Martin (M 60);
Michael Mitchell (M 45);
Steven Pennycook (M 50);
Lee Strachan;

Kenneth Anthony (M 50);
Colin Brown (M 45);
John Kay (M 55);
Hugh McKay (M 50);
Neill Mitchell (M 45);
Roger Rees (M 45);
John Thomson (M 55);

Gary Barker (M 55);
Scott Cassidy;
Graham Kirby (M 45);
Frank McLaren (M 60);
Andrew Murphy;
Clive Roberts (M 55);
Jeremy Tomlinson (M 50);

Luca Basso (M 45);
Calum Harvie;
Skylar Lobdell (MU20);
Stuart Milne;
Daniel Newman (M 45);
Melville Scobie (M 65);
Jim Woodburn (M 45);

43,44,45

Gala H

Graeme Murdoch;
Graham Manczak;
James Purves (M 55);
David Nightingale (M 55);
Ian Maxwell (M 50);

Colin McCall;
Jamie McGowan;
Alistair Laurie (M 50);
Rory Campbell (M 40);
Sinclair Hill (M 45);

Colin Welsh;
Stewart Henderson (M 40);
Thomas Knox (M 50);
Derrick Brydon (M 40);
William McCulloch (M 50);

Wayne McIntosh;
Andrew Lawrie (MU20);
Magnus Inglis;
Steven Martin (M 40);

46,47,48

Garscube H

Andy Griffiths (M 60);
Andrew Robert Gibson;
Daniel Burns;
Raghubir Singh (M 65);

John McManus;
James McAneny (M 50);
Athole Smith;
Kenneth Macanna (M 60);

Stephen Cullen (M 55);
Alistair Cuthbertson (M 45);
Duncan McKellar;

John Bell (M 45);
Kieran McLaughlin;
John McLaughlin (M 45);

49

Giffnock North AAC

Luke Traynor;
Michael Hampson (M 50);

Luke Chamberlain (M 40);
Chris Greenhalgh (M 40);

Rodger McEleney (M 55);
David Phee;

Billy Clark (M 50);

50,51

Hunters Bog T

Alasdair Anthony;
Ross Clark;
Daniel Gay;
Alistair Hindle (M 40);
Peter McClelland;
Philip Mowbray (M 40);
Murray Strain;
Dave Ward;

George Ashley;
Daniel Clements;
Allan Gordon (M 65);
Patrik Gierjatowicz;
Tom Martyn;
Donald Naylor (M 40);
Michael Taylor;
Ray Ward;

Duncan Baker (M 55);
David Fulton;
Simon Harrison;
David Hope-Jones;
Dave Matthews;
Jon Rathjen (M 40);
Jim Thyne (M 55);
Mark Warner (M 45);

Adrian Campbell;
Peter Gardner;
Alistair Hart (M 40);
James Jarvis (M 40);
Stuart Mounce;
Mark Rhynes;
William Townsend;
David Wright;

52,53

Inverclyde AC

Kristopher Gauson;

Gary McKendrick (M 45);

John Smillie (M 50);

Damien Mallet;

Greg Williams (MU20);

Craig Ruddy;

Gerard Gaffney (M 55);

Tom Tracey (M 60);

Jude Boulton (M 40);

Robert Todd (MU20);

Mark Pollard;

Gavin Morrison (M 45);

Neil McLaughlin;

Sean Gaffney;

Callum Hunter (MU20);

Dan Mulhare;

Thomas Jamieson;

Andrew Douglas;

Michael Houston (MU20);

Kieran Anderson (MU20);

54

Kilbarchan AAC

Donald Petrie (M 55);

Tony Carroll (M 40);

David Mackintosh;

Andrew Gallacher;

Callum Matthews (MU20);

John Kynaston (M 50);

John McMillan (M 40);

Conor McNulty;

Callum Hawkins;

Thomas McDonald;

Robert Quinn (M 45);

Euan Carrick;

Paul Leck;

Andrew Dearie;

Alan Craig (M 40);

Steven Hill;

Scott MacAulay;

Russell Mountford (MU20);

55,56

Kilmarnock H&AC

Cameron Wilson;

Connell Drummond (M 40);

Graeme Cameron;

Stewart White (M 40);

Robert Lindsay (M 40);

Leslie McDerment (M 40);

William Duffy (M 45);

Kenneth Wales (M 45);

James Wales;

David Mcleod (M 40);

Scott Martin (M 45);

Murray McDonald;

Steven Milligan;

57,58

Kirkintilloch O

Louis O'Hare (M 40);

Stephen Allan (M 40);

Cornel Neil (M 50);

Christopher Craig (M 40);

Craig McIntyre;

Graham McCabe (M 40);

Thomas McChord (M 55);

Robert Rogerson (M 50);

David Hogg (M 40);

Mark Welsford (M 40);

Vincent Carroll (M 45);

David Gardiner (M 40);

Sean Casey (M 45);

David Mallon (M 40);

Graham McCabe (M 40);

Gary Mitchell (M 45);

Neil Ramsay;

Terry Addison (M 50);

Colin Simpson (M 55);

59

Lasswade AAC

Colin Menzies;

Ben Mitchell (M 40);

Scott Anderson;

Paul Bellamy;

Callum Clark (MU20);

Phil Parr-Burman (M 50);

Paul Elliot;

Ross Henderson (MU20);

Barney Phillips;

Doug MacDonald;

60

Law & District AAC

Alex Hay (M 50);

Mark Hand (M 40);

Ross Hill (MU20);

Anthony Higgins (M 40);

James MacDonald (M 50);

Stephen Allen (M 45);

Patrick Kelly (M 65);

Stuart McLuckie (MU20);

Graeme Brown;

James McMorrow;

Darran Muir;

Jonathan Kennedy (MU20);

James Gillon (M 45);

Bobby Hill;

Scott Jackson (M 45);

Ross Macdonald;

John McGrath (M 50);

Thomas Currie (M 40);

61,62,63,64

Lothian RC

Max McNeill;

John Malcolm;

Alan Moffat;

Neil Graham (M 45);

Kenny Mearns (M 50);

Ted Finch (M 60);

Mike Lieberman (M 60);

Brian Reid (M 50);

Euan McInnes (M 40);

Paul Young (M 45);

Donald Shaw (M 40);

Kenton Jones (M 50);

Pol MacDonald (M 40);

Graeme Ackland (M 50);

Ian Leggett (M 70);

Alan Robertson (M 60);

Colin Partridge;

Finlay Slane (M 50);

Scott Nelson (M 45);

Owen Williams;

Martin Leadbetter (M 55);

James Alexander (M 50);

Gerard McCafferty (M 45);

Daniel McLaughlin (MU20);

Malcolm Lang;

Harry Mulholland (M 50);

Ian Hall (M 50);

David Berrill;

Calum Ross (M 50);

David Eades (M 45);

Colin Meek (M 50);

Kevin Godfrey;

65,66

Metro Aberdeen RC

William Davies (M 45);

Robert Taylor (M 55);

Steven Forbes (M 45);

Ian Urquhart;

Andrew Thompson;

William Gavin Reid (M 45);

Alasdair MacMillan;

Tom Brian;

Takayuki Kurata;

Barry Gibson;

Adam Scragg;

Oliver Eatough;

67,68,69

Motherwell AC

Benjamin Hands (M 50);

Ross Burton;

Kevin Durnian;

John Hughes (M 55);

William Martin (M 55);

Thomas Sneddon;

John Burns (M 50);

David Bradley (M 40);

Graham McEwan (M 40);

James Tracey (M 55);

Nicholas Hughes;

Christopher MacDonald;

Gordon McArthur;

Andrew Scott (M 45);

Gary Lines (M 40);

Brian McLinden (M 55);

Michael Wedlock (M 45);

Craig Adams;

70

Pitreavie AAC

Colin Lamont;

Mark Zuidewind;

Neil MacIachlan;

Laurence Leask (M 60);

Jeff Farquhar (M 55);

Alan Forbes (M 45);

71,72,73,74,75

Ron Hill Cambuslang H

Robert Anderson (M 65);

Francis Hurley (M 60);

David Thom (M 50);

Daniel O'Connell (M 45);

Greg Hastie (M 40);

Scott Hunter (M 40);

Benjamin Hukins;

David Munro;

Shaun Butler;

Owen Walpole;

Bobby Bristow;

Ryan Thomson (MU20);

David Cooney (M 60);

Frankie Barton (M 55);

Alick Walkinshaw (M 50);

James Healy (M 45);

Kerry Liam Wilson (M 40);

John Macnamara;

Kenny O'Neill;

Robert Rossborough;

Ian Rawlinson;

Wegene Tafese;

Stewart Orr;

Liam Dale (MU20);

Bernard Gough (M 60);

Colin Feechan (M 55);

Ross Arbuckle (M 50);

Kenny Macpherson (M 45);

Brian Campbell (M 40);

Robert Gilroy;

Shazad Hakeem;

Iain MacCorquodale;

Josh Lilly;

Andrew Coulter;

Stephen (jnr) Paris;

Ross Stephen (MU20);

Archie Jenkins (M 60);

Edward Carr (M 50);

Ian Williamson (M 50);

Michael O'Hagan (M 45);

Jamie Reid (M 40);

Martin Williams;

Gordon Robertson;

Stuart Gibson;

Alistair Campbell;

Kyle McLellan;

Grant Sheldon (MU20);

76,77,78

Shettleston H

Michael Paxton;

Andy Little (M 50);

Teweldeberhan Mengisteab;

John Oates (M 50);

Kieran Docherty;

Casey Morgan;

Alasdair McLeod;

David Murphy (M 40);

Tsegai Tewelde;

David I Houston;

William Breckenridge (M 45);

Peter Mackie;

Paul Sorrie;

Lachlan Oates;

Oleg Chepelin;

John McCall (M 40);

Thomas Fay;

Ian Johnston (M 45);

William Coyle (M 50);

Adam Peters;

John J Duffy (M 45);

Mark McColl;

Gerard Mason (M 50);

Amanuel Hagos;

Brian Robertson;

Kenny Richmond (M 40);

Garry Mason (MU20);

Denis Williams (M 50);

Brian McGarrity;

Matthew Sullivan;

Michael Deason;

Bill Winning (M 40);

Thomas Owens;

Kevin Brydon;

Kerrick Hesse;

Ismal Adam (MU20);

Scott Kennedy (M 40);

79

Springburn H

Scott Hill (M 45);

Tony Northcote;

Andrew Callan (M 40);

Grant Cairns;

Anthony J M McGale (M 40); Emilio Cosimo;

80,81,82

VP-Glasgow AC

Ralph Connolly (M 45);

Derek Gibb;

Andrew Mackinnon (M 45);

Alex Potter (M 50);

Ethan Sloan-Dennison (MU20);

Gerard Craig (M 45);

Callum Heirs (MU20);

David McCormack (M 50);

Finlay Rae (MU20);

Duncan Thomson (M 40);

Ian Dunn (M 40);

Peter Jardine (M 45);

Kenneth Mitchell (M 45);

Max Ralston;

Derek Watson Snr. (M 50);

Sean Fontana;

Crawford Little (M 45);

Damien Moore;

Kieron Rafferty (MU20);